Recipe For: Fried Rice

Ingredients:

3 cups Cooked Rice
3 Eggs
1 c Diced Vegetables [onion, carrot, string bean etc.]
2 tbsp. Olive Oil
⅓ c Soy Sauce
⅓ c Water

Directions:

Sauté vegetables in oil. Toss in cooked rice and water and stir. Scramble eggs in separate pan and toss in. Stir in soy sauce and serve!

Great way to use leftover rice!

Recipe For: String Beans with Almonds

Ingredients:

1 lb. String Beans
¼ cup Sliced Almonds
1 tsp. Chopped Garlic
2 tbsp. Olive Oil
Salt/Pepper

Directions:

Boil string beans in pot. In frying pan, sauté garlic and almonds in olive oil for 3 minutes. Remove beans from pot after 5 minutes and add to frying pan for another 2 – 3 minutes. Add salt/pepper to taste.