

Recipe For: Frizzled Onions



Ingredients:

1 large onion
Flour (about ½ c)
Salt
Olive Oil



Directions:

Peel the onion, slice it down the middle and then very thinly slice it. Coat the onion with flour and shake off excess. Coat the bottom of a pan with a thin layer of olive oil and heat on medium. When heated, add onions in batches so that they are in 1 layer in the pan. Cook until browned on both sides stirring often. Remove from oil and put on paper towel. Salt immediately. Add and heat oil and cook as many batches as needed.



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Recipe For: Banana Bread



Ingredients:

3 or more mashed bananas
½ cup butter
1 cup sugar
3 eggs
2 cups flour
1 teaspoon baking soda
(dissolved in a little cold water)
¼ cup nuts (optional)



Directions:

Peel and mash the bananas (the more ripe the better – I use frozen). Mix butter, sugar, eggs and bananas. Then mix in flour, baking soda, and optional nuts. Grease and flour bottom and sides of pan and bake at 350 degrees F about 30 – 40 minutes or until a toothpick comes out clean. Note, it will depend upon the type and size of the pan used!



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