

## Recipe For: Watermelon Punch



### Ingredients:

- 1 large watermelon
- 1.5 cups of sugar
- 1.5 cups water
- 1 bunch mint leaves
- 1 dozen limes (2 cups lime juice)
- Rum (optional)

Original recipe by Rachel Ray at  
<https://www.rachaelray.com/recipe/watermelon-punch-bowl-with-watermelon-mojito/>

### Directions:

Cut up the meat of the watermelon and puree in a blender or food processor (you should have about 2 quarts when done). Squeeze the limes so that you have about 2 cups of lime juice. Combine the sugar and water and heat until all the sugar is dissolved. Set aside and allow to cool completely. In large bowl, mix all ingredients including the mint leaves. Serve over ice. Alcohol can be added to individual servings as needed. Be sure to double or even triple the recipe depending upon the number of guests served.



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## Recipe For: GREEK Yogurt Ranch Dip



### Ingredients:

- 1 cup Plain Greek Yogurt
- 1 tsp. Onion Powder
- 1 tsp. Garlic Powder
- ¼ tsp. Dill Weed
- ¼ tsp. Black Pepper
- ¼ tsp. Sea Salt



### Directions:

Mix all ingredients in bowl. You can add more salt and dill to taste if necessary and serve chilled with your favorite fresh vegetables, chips, pretzels, or breads!

Use Greek yogurt with live & active cultures for a healthy gut!



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